

Become a Dementia Friend

Join us for a free Dementia Friends Session delivered by one of our volunteer Dementia Friends Ambassadors. During this friendly and interactive session, you'll learn more about dementia, how it affects a person and what you can do to help people affected by dementia in your community.

Date	Monday 27th October	Wheelchair accessible? ☒ Yes ☐ No
Start time	6pm refreshments	Other information
Duration	1hr 15mins start 6.30	Come along to help make Elsdon, Rochester, Otterburn and Surrounds dementia friendly communities. This is a fun, informative and free session Supported by a grant from Ray Wind Funds CIC Community Benefit Fund, established by energy co. Vattenfall.
Venue	Elsdon Village Hall Elsdon NE19 1AA	

How to book onto the session:

All are welcome, just turn up!

Local contact :Mark Stuchfield :Markstuchfield@aol.com
Contact about the session itself :Jo Elliott 07826620361

 dementiafriends.org.uk
 dementiafriends@alzheimers.org.uk
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